

Scenario: Down Over

Your friend constantly sends his girlfriend text messages, asking her where she is, who she's with, what she's doing. This isn't just friendly chat; you get the feeling that he's obsessed and jealous, and always needs to know her every move.

Train of Thought

I'm not sure this is any of my business. After all, I wouldn't want other kids messing with my relationships....Then again, this doesn't seem right. He's really trying to control her, and this can't be healthy....I know some girls who think that guys who are jealous must really love them a lot...But I've seen materials from relationship abuse programs that explain how this kind of behavior can lead to physical abuse.....Could this be one of those relationships? Then again, a lot of kids text a ton. Who am I to say when it's too much?.....And if I do say something, he might go off on me. What should I do in this situation?

Options

1. Do nothing. It's none of my business.
2. Tell my friend that I'm concerned about his jealousy, and he needs to chill out a bit and give his girlfriend some space.
3. Talk to some of her friends, let them know what I've observed, and ask them if they have concerns about the relationship.
4. Talk to my parent, or a teacher or coach that I trust, and ask them for advice about what to do.
5. Tell my friend that he should consider seeing a counselor or another professional, because his texting behavior seems unhealthy and could get him in trouble.
6. Personal option: